

Date/Time: May 22, 2020 09:00 am- 11:00am
 Location: Virtual
 Facilitator: Healthy House
 Minute Taker:



Oral Health Advisory Committee Meeting			
Agenda Item	Purpose/Anticipated Outcome	Presenter	Time
Welcomes	<ul style="list-style-type: none"> Give virtual welcome Discuss purpose of meeting 	Healthy House	15 mins
Public Health Oral Health Update	<ul style="list-style-type: none"> Provide overview of the current status of the Oral Health program Briefly review Oral Health Community Health Improvement Plan 	Ileisha Sanders	40 mins
Oral Health Subcontractors	<ul style="list-style-type: none"> Introduce subcontractors Describe subcontractor roles 	Ileisha Sanders	15 mins
Current Dental Services	<ul style="list-style-type: none"> Review current local available dental services and resources 	Healthy House & Dr. Bahar Amanzadeh	7 mins
Dental Guidelines – COVID-19	<ul style="list-style-type: none"> Review recent guidance regarding dental care during COVID-19 	Dr. Bahar Amanzadeh	7 mins
Water Issues List	<ul style="list-style-type: none"> Review summary of water quality and fluoridation in Merced County 	Healthy House	12 mins
Fluoride Education Materials & Sessions	<ul style="list-style-type: none"> Discuss and provide feedback on draft materials 	Dr. Amanzadeh & Matt Jacob	15 mins
Dental Sealants Education Materials	<ul style="list-style-type: none"> Discuss and provide feedback on draft materials 	Dr. Amanzadeh & Matt Jacob	10 mins
Culturally Responsive Approaches	<ul style="list-style-type: none"> Discuss culturally responsive approaches for dissemination of developed materials 	Healthy House	5 mins
Adjourn			

Upcoming Dates

Sub-Committee Meetings: May 29, June 19, July 24

Advisory Meeting: July 31

Merced County Oral Health Advisory Committee

Mission: Improve overall community health and well-being by increasing understanding of, and access to, oral health services in Merced County.

Vision: Healthy smiles for everyone in Merced County

Funded by the CDPH under Contract #2018012



DEPARTMENT OF PUBLIC HEALTH

Denti-Cal Providers

Rebecca Nanyonjo-Kemp, DrPH
Director

Specialty: GENERAL

ABC DENTAL GROUP
Andrews, Luis, DDS &
A Dental Corporation
505 W. 20th St.
Merced, CA 95340
(209) 725-2980

ACCESS DENTAL PLAN**
Abbaszadeh Pro. Dental Corp.
12 W. 20th St.
Merced, CA 95340
(209) 388-1000

APPLE DENTAL
Megally, Ahmed R.,
Dental Corporation
645 W. Olive Ave., Ste. 115
Merced, CA 95348
(209) 722-9411 (21 under)

CASTLE DENTAL
3605 Hospital Rd.
Atwater, CA 95301
(209) 381-2005 (12 under)

CENTRAL CALIFORNIA DENTAL
SURGICENTER
Lawrence Church DDS Inc.
3605 Hospital Rd. Ste. H
Atwater, CA 95301
(209) 381-20479 (18mo-8yrs)
(9y/o with disabilities)

DEFAY, Myriam, DDS INC
2665 Alabama
Atwater, CA 95301
(209) 358-1577 (16 under)
Merced, CA 95340, (209) 720-2700

CHAN, KEN, DDS INC
1176 Olivewood Dr.
Merced, CA 95348
(209) 600-7123

JOAO F. CHANG & MAHASUCON,
Thida, DDS
2534 M St., Merced, CA 95340
(209) 723-3071

MERCED FAMILY DENTAL
Amro, Abdulghani, DDS
548 W. 25th St.
Merced, CA 95340
(209) 383-6200

MURNI, Irwan H., DDS**
1190 Olivewood Dr. Ste. C
Merced, CA 95348
(209) 722-7847

PEARA, Donald E., DDS**
550 W. 26th St.
Merced, CA 95340
(209) 723-0767

WESTERN DENTAL SERV INC
1124 W. Olive Ave., Ste. 101
Merced, CA 95348
(209) 383-5000

FIRST STEP DENTAL
155 W. El Portal Drive, Ste. A
Merced, CA 95348
(209) 720-2700

Specialty: ORAL SURGEON

PEARA, Donald E., DDS**
550 W. 26th St.
Merced, CA 95340
(209) 723-0767

WESTERN DENTAL SERV INC
1124 W. Olive Ave., Ste. 101
Merced, CA 95348
(209) 205-4288

**Specialty:
CERTIFIED ORTHODONTIST**

SAY, Loretta Y., DMD, Inc.
325 E. Bellevue Rd.
Atwater, CA 95301
(209) 358-1501

WESTERN DENTAL SERV INC
124 W. Olive Ave., Ste. 101
Merced, CA 95348
(209) 383-5000

Specialty: PEDODONTIST

CENTRAL CALIFORNIA DENTAL
SURGICENTER
Lawrence Church DDS Inc.
3605-H Hospital Rd.
Atwater, CA 95301,
(209) 381-2047

WESTERN DENTAL SERV INC
124 W. Olive Ave., Ste. 101
Merced, CA 95348 (209) 383-5000

GOLDEN VALLEY DENTAL

LE GRAND
13161 Jefferson St.
Le Grand, CA 95333
(209) 389-1910 (12 under)

LOS BANOS
725 W. I St.
Los Banos, CA 93635
(209) 826-1094 (12 under)

MERCED
747 W. Childs Ave.
Merced, CA 95340
(209) 383-5764 (12 under)

PLANADA
9235 E. Broadway
Planada, CA 95365
(209) 382-1697 (12 under)

OUT SIDE MERCED COUNTY

GOLDEN VALLEY**
PATTERSON
200 C St.
Patterson, CA 95363
(209) 892-6307

WESTERN DENTAL SERV INC
Modesto Children's Office
(209) 572-6047

LEGEND

** Not accepting new Medi-Cal
clients at this time

Revised 11/27/2018

Available Dental Clinics During Time of Pandemic

1. GOLDEN VALLEY HEALTH CENTER → 737 W Child's Avenue, Merced | 209-383-5764

Contact Person: Ms. Angela Millan - Doctor's Assistant

- Their clinic is open from 8:00 to 4:00 pm. – Monday to Friday
- They only take or entertain emergency cases since the beginning of the pandemic like for example swelling of gums and severe toothache. No fillings, no deep cleaning or any sort of cleaning.
- The dentist performs the services himself and not just relying on his assistant.
- They take new patients and continue their services to their old patients as well.
- They have set guidelines for their patients who are advised to call first before going to see their dentist, e.g. if they have flu-like or Covid-19 symptoms, they need to quarantine themselves for 14 days before they can be allowed to see the GVHC dentist.
- Daily Staffing: 1 Dentist; 3 dental assistants and 2 receptionists
- All calls are directed to GVHC-Merced. All other GVHC offices in Merced County is closed.
- All staff is required to wear mask.

2. WESTERN DENTAL CARE → 1124 W Olive Avenue, Merced | 209-226-9197

Contact Person: Ms. Jessica Herrera – Doctor's Assistant

- They are only open for emergency cases.
- Mostly of their patients are referrals from the ER OF Dignity Hospital.
- Emergency cases like swollen gums and severe toothache are given the priority.
- All their staff is required to wear mask.
- They have their own protocol or set of guidelines before the patient is allowed to come to their clinic, such as:
 - a) If they have travelled locally or internationally, they need to have themselves quarantine for 14 days.
 - b) If they are experiencing runny nose, fever or sore throat, they will not be seen even if it is an emergency.
 - c) For children, only one elder relative will be accommodated to accompany the patient.
- Their clinic is open from 8:00 to 5:00pm. Monday to Thursday and 8:00 to 1:00pm. on Fridays.

3. ABC DENTAL CARE → 505 W 20th Street, Merced | 209-725-2980

Contact Person : Irene Mendoza – Doctor's Assistant

- The clinic is closed. Irene said, she's working at home and just taking phone calls.
- Maybe they will re-open in two weeks.

4. PRECISION FAMILY DENTISTRY OF MERCED → 560 W 26th St. | 209-723-5405

Recording:

- Their clinic is temporarily closed.
- They only take emergency cases.
- For Dr. Miller's patients, please dial his number: 480-452-3022.
- For Dr. Skinner's patients, please dial his number: 480-399-3588.
- They are working in compliance with State and Federal mandate due to Covid-19.
- They are advising their patients NOT to go the hospital if they have an emergency. Instead, call them and they will be served.

5. EL PORTAL DENTAL GROUP → 3393 G Street Ste. B, El Portal Plaza | 209-385-1479

- They are only taking calls and if they see that you are calling through your cell phone, they will communicate through text.
- Their text message:
 - We're open two days out of the week to see patients with emergencies only.
 - Meaning, those with severe toothaches/infections.

6. CREED ROWAN, DMD → 631 W 25th Street, Merced | 209-383-9187

Recording :

- They are only open for dental emergencies.

7. FRIENDLY SMILE DENTISTRY → 125 Coffee Road | 209-572-1992

- Their office is closed but if you have emergencies, they ask their patients to leave a message, and they will return the call. (Recording).

8. MERCED FAMILY DENTAL CARE → 554 W 25th Street | 209-383-6200

Contact Person : Juana Lua – Doctor's Assistant

- Their office hours: 8:00-5:00 – Mon. to Thurs. up to 1:00pm. only during Fridays.
- They treat their patients only on emergency basis like severe toothache.
- They render or provide very limited services or treatment.
- They don't take new patients.
- Any flu-like symptoms (e.g. coughing, fever, runny nose, etc.) or signs of Covid-19, they refer them to call their primary provider and advise them to quarantine for 14 days.
- Staffing : 1 receptionist; 1 doctor's assistant and 1 dentist.

Merced County Water Districts and Contaminants

Atwater

Water System: City of Atwater, Castle Airport

Water Contaminants: Coliform, 1,2,3- trichloropropane, nitrate, perchlorate

Ballico

Water System: Ballico Community Services District

Water Contaminants: 1,2,3- trichloropropane

Delhi

Water System: Delhi Community Water District

Water Contaminants: Hexavalent chromium, 1,2,3- trichloropropane, coliform, nitrate, HAA5, TTHM

Dos Palos

Water System: City of Dos Palos (surface water)

Water Contaminants: TTHM

El Nido

Water System: El Nido Mobile Home Park

Water Contaminants: Coliform

Gustine

Water System: City of Gustine

Water Contaminants: 1,2,3- trichloropropane, coliform, nitrate

Hilmar

Water Systems: Hilmar County Water District

Water Contaminants: Nitrate, 1,2,3- trichloropropane, perchlorate

Le Grand

Water System: Le Grand Community Services District

Water Contaminants: Hexavalent chromium, 1,2,3- trichloropropane, coliform, nitrate

Livingston

Water System: City of Livingston

Water Contaminants: 1,2,3- trichloropropane, arsenic, perchlorate, coliform, 1,2-Dibromo-3-Chloropropane

Los Banos

Water Systems: City of Los Banos, Volta Community Services District, San Luis Hills (surface water)

Water Contaminants: Hexavalent chromium, 1,2,3- trichloropropane, coliform, TTHM, carbon

Merced

Water System: City of Merced, Cal-Am Meadowbrook, John Latoracco Correctional Facility, Evergreen Mobile Home Park, Black Rascal Water Company

Water Contaminants: perchlorate, coliform, 1,2,3- trichloropropane, nitrate, hexavalent chromium

Planada

Water Systems: Planada Community Services District, Planada Elementary School

Water Contaminants: Coliform, TTHM, HAA5

Santa Nella

Water System: Santa Nella County Water District (surface water)

Water Contaminants: TTHM, Perchlorate, radium, coliform, HAA5

Winton

Water System: Winton Water and Sanitary District

Water Contaminants: 1,2,3- trichloropropane, coliform, nitrate, 1,2-Dibromo-3-Chloropropane

Healthy teeth for a lifetime

Eating, speaking and smiling are simple things that make life enjoyable. Healthy teeth make these things possible. Teeth are weakened by cavities (tooth decay). Cavities are [caused by different factors](#), such as bacteria inside the mouth, sugary drinks, frequent snacking, and not brushing one's teeth.

A cavity forms when the hard surface of a tooth is damaged, causing a tiny hole to form. This hole can get larger, cause pain and turn into a dangerous infection unless a person takes action — changing what they eat, brushing regularly and getting dental care. The bad news is that cavities are the [most common chronic disease](#) for children and teens. A California study showed that students with recent tooth pain were 4 times more likely to [earn lower grades](#) in school.

Having pain and infection inside the mouth often interferes with important things — children attending school and adults being able to work or care for their kids. Unhealthy teeth or gums can harm overall health for kids and adults. For example, gum disease makes it harder to keep diabetes under control.

Now, here is the good news — cavities are *preventable*. A mineral called fluoride helps to strengthen the enamel surface of teeth. This helps teeth more resistant to a cavity. There are different ways for children and adults to get the benefits of fluoride so their teeth are healthy for a lifetime.

Fluoridated water

One way to get fluoride is by drinking tap water or drinks like iced tea that are made from water. [Fluoride is a mineral](#) that naturally exists in lakes, rivers, groundwater and even the oceans. Usually, a water company needs to add a little more fluoride to reach the level that prevents cavities. This process is what produces “fluoridated water.”

Drinking fluoridated water [reduces cavities by 25%](#). Brushing with fluoride toothpaste (at least twice each day) [complements the benefits](#) from fluoridated water. Getting fluoride from both water and toothpaste is a good way to protect your teeth. Another way to get fluoride's benefits is from [fluoride varnish](#). This liquid is painted onto the surface of teeth, where it hardens to protect against cavities.

But fluoride by itself does not guarantee a healthy mouth. Why? Because other factors can affect your teeth. For example, drinking or eating foods with sugar makes it harder for teeth to stay strong and healthy. That's why it is important to eat a healthy diet.

Who gets fluoridated water?

Families who receive their drinking water from the Merced and Los Banos water systems receive water that is fluoridated water to their customers. By adding a small amount of fluoride and monitoring this process, these water system employees are

helping their communities stay healthy. [Most Californians](#) can get fluoridated water simply by turning on their faucets.

Unfortunately, not all water has the right amount of fluoride to help protect teeth. Most brands of bottled water don't have enough fluoride, but water of any type is better for your teeth than soda, sports drinks or energy drinks.

Who recommends fluoridated water?

The leading health and medical organizations agree that fluoridated water is a smart way to prevent cavities. Here are some examples:

- The [Centers for Disease Control and Prevention](#) (CDC)
- The [American Academy of Pediatrics](#)
- The [American Dental Association](#)
- The [American Public Health Association](#)
- The [National Association of County & City Health Officials](#)

These organizations have reviewed a lot of research showing that fluoridated water safely prevents cavities. Based on its positive impact, the CDC named community water fluoridation one of 10 great public health achievements of the 20th century.

One reason that health experts recommend fluoridated water is that it benefits the whole community and [reduces the inequities](#) in dental cavities between children from different income levels.

Fluoridated water saves money

By reducing cavities, fluoridated water helps to save money for families and taxpayers. A 2016 study showed that each person in a fluoridated community saved an average of more than \$32 each year. The [money saved from fluoridation](#) is much higher than the costs of fluoridated water. In fact, this approach returns \$20 for every dollar spent to add fluoride.

If your tap water is fluoridated, drinking it will save money in another way. That's because bottled water is about [2,000 times more expensive](#) than tap water.

What about the taste?

Fluoride doesn't have a taste or a smell. If you don't like the taste or smell of your tap water, then something else is the issue. Buying a filter might help. [Water-filter pitchers](#) are easy to use, and they usually cost less than \$40. Water-filter pitchers that use a carbon filter can take out impurities without taking out the fluoride that is so good for your teeth.