

**Date** May 22, 2020  
**Time** 9:00 am – 11:00 am  
**Location** Merced Department of Public Health  
**Facilitator** Healthy House

**Minute Taker**

**Oral Health Advisory Committee Meeting**

Agenda Item	Discussion
<p><b>Welcome, Introductions</b> Healthy House</p>	<ul style="list-style-type: none"> <li>Welcome and introductions</li> </ul>
<p><b>Public Health Oral Health Update</b> Ileisha Sanders Merced County Public Health Department</p>	<ul style="list-style-type: none"> <li>Ileisha gave an update on oral health program and community improvement plan. Gave background on tobacco tax funding on oral health program.</li> <li>Gave state update on cuts to the oral health program. We are good for now until the end of our 5 year contract.</li> <li>Ileisha reviewed oral health community health improvement plan, discussed needs assessment and CHIP. Advisory community came up with 3 priority areas: reviewed objectives 1-3 on CHIP.               <ol style="list-style-type: none"> <li>Overall Health In Merced county community that leads to poor oral health</li> <li>Access to care and utilization to care. We decided to focus on educating providers on oral health education</li> <li>Partnered with WIC, early childhood educators</li> <li>Modifiable risk factors. Adapting our educational materials for our population</li> </ol> </li> </ul> <p>Most of our oral health plan has to do with education.</p>
<p><b>Oral Health Subcontractors</b> Ileisha Sanders</p>	<ul style="list-style-type: none"> <li>Ileisha shared information on subcontractors:</li> </ul> <p><b>Dr. Bahar Amanzadeh</b></p> <p>Dr. Bahar (Baharak) Amanzadeh, DDS, MPH has more than 10 years experience in the field of Dental Public Health and more than 15 years experience as a health care provider/dentist.</p> <p>Dr. Amanzadeh is an independent consultant; prior to that, she was the Dental Health Administrator at Alameda County Department of Public Health and an assistant clinical professor at UCSF School of Dentistry. She has directed the Community Dental Externship programs, and has been involved in teaching, research and community needs assessments. She is currently holding an adjunct faculty position at UCSF School of Dentistry and is part of the State of California Advisory Group for CA Oral Health Plan.</p> <p>Her primary role will be to provide technical assistance as we build our oral health program as well as developing/delivering educational presentations on fluoridation.</p>

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	<p><b>Matt Jacob</b></p> <p>Is a consultant that advises public health stakeholders, children’s advocates and foundations. He is an award-winning communicator who has worked for more than 20 years to help nonprofits, agencies and advocacy organizations raise the profile of their issues, particularly in the areas of health and education. He managed communications for a dental initiative at the Pew Center on the States (2010-2013), and I served as the communications director for the Children’s Dental Health Project (2013-2019). He has created health education materials using principles of risk communication to New York State Department of Health, United Healthcare, and Centers for Medicare and Medicaid Services. He earned a bachelor’s degree in journalism from the University of Arkansas.</p> <p>His primary role will be to develop oral health educational materials including a curriculum for our community.</p> <p><b>Healthy House</b></p> <p>Healthy House, within a match coalition is an independent non profit which has been providing culturally and linguistically responsive services since January 2003. The HH Language bank consists of 30 professionally trained Language and Cultural Specialist who offer professional healthcare interpreting and language assistance (interpreting, translation, and trans-adaption). They have many many years working directly with our community.</p> <p>HH role will be to facilitate/liaise with AC and trans adapt the materials.</p>
<p><b>Current Dental Services</b>            Healthy House &amp; Dr. Bahar AManzadeh</p>	<ul style="list-style-type: none"> <li>• Belle provided information on available dental clinics during time of pandemic. Belle provided the list and discussed information on the following dental clinics: Golden Valley Health Center, Western Dental Care, ABC Dental Care, Precision Family Dentistry of Merced, El Portal Dental Group, Creed Rowan DMD, friendly smile dentistry and Merced family dental care.</li> </ul>

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	<ul style="list-style-type: none"> <li>• Belle will provide update at next meeting on dental clinics</li> </ul>
<p><b>Dental Guidelines-COVID-19</b> Dr. Bahar Amanzadeh</p>	<ul style="list-style-type: none"> <li>• Dr. Bahar Amanzadeh provided information of California Department of public health dental guidelines on COVID-19</li> <li>• Discussed implementation on oral health and discussed importance of providing feedback</li> <li>• Dr. Bahar Amanzadeh provided power point on updates and guidelines</li> <li>• Guidelines are changing on daily basis</li> <li>• discussed interim infection prevention and control guidance for dental settings during the COVID-19 response, provided recommendations</li> <li>• discussed areoles and COVID-19 and risk of infection, discussed protection of staff and patients</li> <li>• discussed more detailed recommendations from CDC, like bringin g patients to waiting room, equipment and what kind of modifications do we need to have, discussed new equipment modifications CDC is recommending, hygiene and PPE</li> <li>• testing and discussion asymptomatic patients on COVID-19</li> <li>• discussed CA office of oral health: dental practices and school based programs some county guidelines are more strict then state guidelines. <ul style="list-style-type: none"> <li>➤ School based programs- coordinate with schools to identify children in need of toothbrushes</li> <li>➤ Work with them for distribution</li> <li>➤ Offer oral health education through distance learning</li> <li>➤ Discussed CDA updates and guidelines: Near term, Midterm, and long term guidelines</li> </ul> </li> <li>• Rethinking the system of health. Telehealth. Investment in prevention. Integrating oral health with primary care with other modalities.</li> </ul>
<p><b>Water Issues List</b> Health House</p>	<ul style="list-style-type: none"> <li>• Belle discussed water issues of Merced County Water Districts and Contaminants.</li> <li>• Belle reviewed the water contaminates affecting the cities water systems</li> <li>• Advisory committee would like more information on fluoridating in our water and EPA report on water contaminates in Merced County. Possibly ask health officer where this report is coming from.</li> </ul>
<p><b>Fluoride Education Materials &amp; Sessions</b> Dr. Amanzadeh &amp; Matt Jacob</p>	<ul style="list-style-type: none"> <li>• Matt discussed information on fluoride education materials &amp; sessions. Matt invited members of advisory committee to read Web content for the Merced County DOH.</li> <li>• Matt provided overview on material, matt discussed fluoride and importance to provide context and how dental disease is wide spread. Discussed how dental disease is 4x more common than asthma.</li> </ul>

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<p><b>Dental Sealants Education Materials</b>            Dr. Amanzadeh &amp; Matt Jacob</p>	<ul style="list-style-type: none"> <li>• Discussed importance of having a healthy mouth, speaking, smiling, being able to enjoy a meal, and impact it has on school achievement</li> <li>• Educating parents on fluoride on how it is a mineral</li> <li>• Dr. Amanzadeh, discussed target audience (parents and community based organizations)</li> <li>• Matt discussed web content and importance of strengthening public health website and education on the taste of water. Discussed website section on: what about the taste of water? Matt discussed looking into a water filter pitchers. On how they take out impurities, but does not take out fluoride.</li> <li>• Ileisha discussed state work plan to have water fluoridation thought the state. It's a state initiative.</li> <li>• Matt discussed content on fluoride educational material. Discussed reading level for the public and talking to people respectfully and language people will understand. 5-6<sup>th</sup> grade reading level is the aim. Matt will put the text through a readability assessment. It will help to see how easy it is to get through the material.</li> <li>• Discussed Q and A's that will be distributed to parents on dental sealants</li> <li>• Information on school leaders and parents and families</li> <li>• Dr. Amanzadeh, stated it would be helpful to know how the advisory committee would like to give feedback? What do we think would work better as a process? One week?</li> </ul>
<p><b>Culturally responsive Approaches</b>            Healthy House</p>	<ul style="list-style-type: none"> <li>• Belle discussed culturally responsive approaches for dissemination of developed materials in Spanish and Hmong. Belle discussed Oral Health flyer (Oral Health is part of Overall Health/Prevention is better than treatment)</li> </ul>
<p><b>Adjournment</b></p>	<ul style="list-style-type: none"> <li>• Meeting adjourned at 10:25am</li> </ul>

- Ileisha discussed oral health bags for the schools and discussed order of 5,000 toothbrushes. Printed material from ADA on oral health that will be distributed to schools.
- Belle discussed possibly inviting someone from the water board to our meetings.